

Consultations are still being done virtually

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In board-certified plastic surgeon Dr. Haideh Hirmand's New York City office, the discussions that ordinarily precede nonsurgical tweaks like injectables and thread lifts are now being handled virtually, ahead of time.

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“My nurse and I pre-evaluate on FaceTime for every treatment, to limit in-person interactions,” she says. “We don't even do numbing on site anymore — our patients get a prescription for numbing cream and numb before coming in.” Since the beginning of the pandemic, she says, her goal for patients has been to “minimize conversation, contact, and time in the office.”

screening for COVID-19,” says Dr. Sundaram. “About half of infections don't present with fever, and patients can also be contagious before the onset of any symptoms.”