

# marie claire

@WORK

## 100 SECRETS TO SUCCESS

- GET WHAT YOU WANT
- TRAVEL LIKE A PRO
- EAT ON THE GO

EXCLUSIVE

## SALMA INC. HOLLYWOOD'S HOTTEST MOGUL

BEAUTY  
QUICKIES NEW  
TREATMENTS  
TO SNEAK IN AT  
LUNCHTIME!

STREAMLINE  
YOUR LIFE  
11 SMART  
TIME-SAVERS

HARVARD  
REPORT

WHY THE  
RIGHT  
MAKEUP  
CAN GET YOU  
PROMOTED

BOOST YOUR  
BRAIN POWER  
Expert tricks to  
better sleep

## WORK THE TRENDS AT THE OFFICE

PERFECT BAGS,  
SHOES, DRESSES,  
AND MORE





“*Style at work should be professional, meaning it inspires confidence but is also glamorous.*”

**Dr. Haideh Hirmand, 40-something**

Aesthetic plastic surgeon, clinical assistant professor of surgery at Weill Cornell Medical Center, New York City

**Office essentials:**

Comfortable, stylish shoes—Manolo Blahnik flats, Roger Vivier and Prada for high heels; cashmere tops; Hermès scarves worn in unexpected ways; great skin and hair.

**Style principles:** I favor chic, minimal, timeless fashion without sacrificing comfort or ignoring the latest trends. My overall vision as an aesthetic surgeon and beauty expert informs my style—the goal is to look effortlessly graceful, subtle, and polished, regardless of age.

Jacket, \$2,900, Dior; (800) 929-DIOR.

Necklace, \$450, Assad Mounser; [assadmounser.com](http://assadmounser.com). Watch, price upon request, Dior Timepieces; (866) 675-2048. Ring, Hirmand's own.





Jacket, \$2,840, Fendi; (212) 759-4646. Top, \$675, Calvin Klein Collection; (212) 292-9000. Pants, \$195, Helmut Lang; (212) 242-3240. Necklace, \$1,275, Annette Ferdinandsen at TenThousandThings; (212) 352-1333. Watch, \$2,400, Hermès; hermes.com for stores. Bra, Hirmand's own.

**Hair:** David Cruz at raybrownpro.com. **Makeup:** Tina Turnbow for Dior Beauty at raybrownpro.com. **Manicure:** Ana-Maria at artistsbytimothypriano.com.